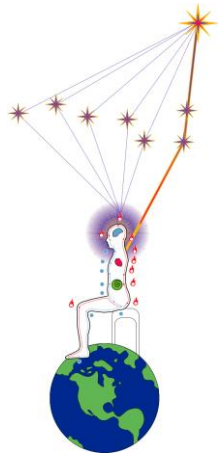




Lesser Kan & Li Seminar



Inner Sexual Alchemy Practices of Fire & Water

Venue: Bern
Time: 09.30 – 17.00
Costs: CHF 690



Welcome to Lesser Kan & Li

Reunite with the Primordial Force. The heart stores part of the primordial force (yuan shen). The sexual organ also stores part of the primordial force. When these two combine together, they will form a more complete force. This process establishes a powerful 'steaming' effect in the Tan Tien cauldron at the level of the navel center. This is used to cleanse, purify and strengthen the organs and brain to better attract the primordial force. Our spiritual fetus is established in the Tan Tien.



Supreme Inner Alchemy Practices

This practical system serves to cultivate a healthy body, develop your soul and raise your spirits. Its main branches and core formulas cover meditation, Qi Qong, Healing Love Practices as well as martial and healing arts. It empowers individuals to develop physical, mental, emotional and spiritual potential in order to become their own healers and masters. The UHT is shared on 6 continents by its founder Grandmaster Mantak Chia as well as the global UHT Faculty with over 900 certified instructors and practitioners. Its accessibility suits everyday western lifestyle and allows every individual to freely choose a joyful life of health, love and



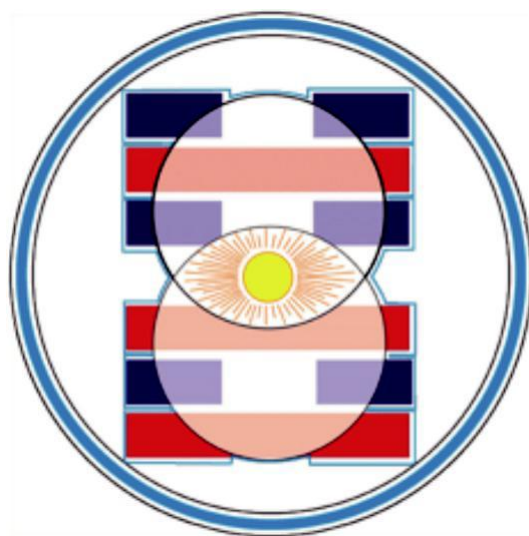
UHT System
Founder
Grandmaster
Mantak Chia

Formula 4: Lesser Kan & Li

This "Water & Fire" (Kan & Li) formula is core Taoist internal alchemy (neidan-gong). We gather the Five Shen, polarized male-female body intelligences that control our mind. The fire is the subtlest hearts love energy, the water is the refined, creative sexual energy of Kidneys and Sexual Organs.

Their love-making

in our central channel releases a blissful "steam" of Original Chi (unconditional love) that dissolves our old physical body and personality patterns. Our inner polarized male-female body intelligences that control our mind are reintegrated and unified. This process repairs vital organs, glands, spine, nerve, lymph and meridian systems and gives birth to an "immortal embryo" or light body. Can resolve deep sexual crises, genetic illness, body-mind splits, recover "lost" soul fragments and we learn a "Gods playing in the Original oldron Nei Kung" form.



Rentao

As a former professional athlete and sports teacher, I was looking for training methods that work from the inside out instead of from the outside in. I found the answers in UNIVERSAL HEALING TAO (UHT) and became a student, assistant and senior instructor of Grand Master Mantak Chia - founder of the UHT system. I ran a Taoist health centre in the Swiss Alps for over 12 years and have been teaching all over the world for more than 30 years. In 2008/2012 I organised the first European UHT Instructor Conferences with over 250 instructors from 27 countries. As a coach, I share my health prevention concepts **flowjoy®** and **4-Dimensional Health (4-DH®)**, as well as practical exercises that enable every human being to live in flow, joy and love in 24-hour everyday life.